

Enjoy the little things,

For one day you may look back

and realise they were the big things.



























































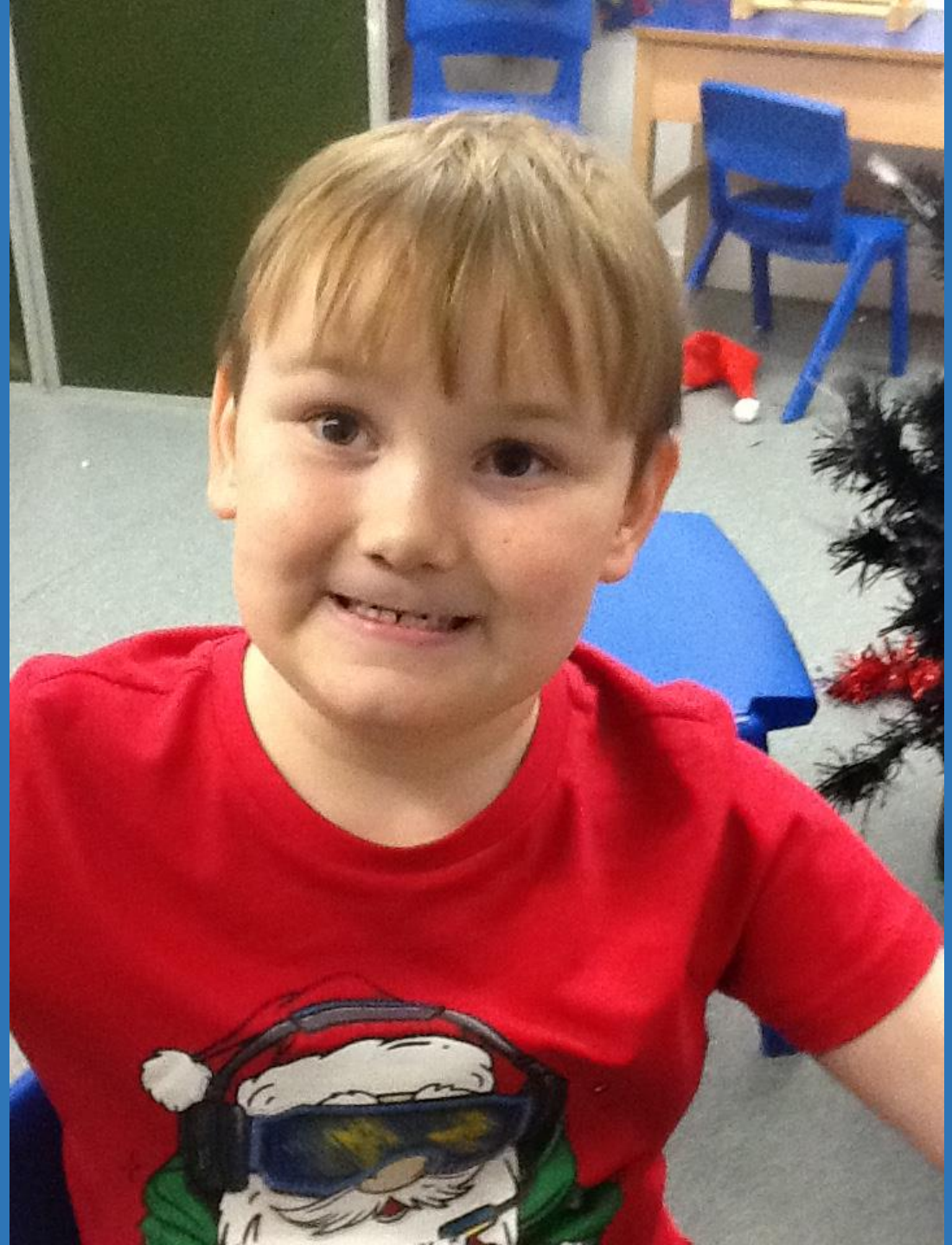

































Scared
I can calm myself down
Take deep breaths.
I can calm myself down
Keep hands and feet to myself.
I am feeling
Mixed up
Confused
Unsure
Muddled
I am feeling...







